

## ABSTRACT

A device for use during outdoor activities for protection against crawling insects such as deer ticks carrying Lyme Disease includes a set of protection elements. The elements consist of a substrate with an adhesive layer at each surface. A first (inner) adhesive layer is provided for removable attachment of the protection element upon clothing surfaces in regions adjacent to clothing openings where a second (outer) adhesive layer is exposed to impede advancement of crawling insects toward clothing openings, and preferably to securely trap deer ticks that contact the surface. One or both adhesive surfaces may be covered with release sheets removed prior to use. A shield may extend outwardly from the plane of the substrate, generally above the outer adhesive layer, to shield the adhesive surface from the elements, e.g., rain, dew, dust, leaves, grasses, etc., for extending the effective life of the protection element. A method for use of a protection device of the invention during outdoor activities for protection against crawling insects such as deer ticks carrying Lyme Disease is also described.

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